

## HSA Employee Message due to Expense & Telehealth Changes

**Date Sent:** Morning of April 8, 2020

**Query to see who received message:** EM\_COVID\_HSA\_MESS\_SEN

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**Subject Line:** Changes to HSA Eligible Expenses and Availability of Telehealth Services

### **Text of Message:**

You are receiving this email because you are enrolled in a Health Savings Account.

### **Additional Expenses Allowed Under Health Savings Accounts**

Due to some recent legislative changes in response to the COVID-19 outbreak, the following expenses are now eligible for reimbursement under Health Savings Accounts:

- Over-the-counter drugs and medicines not prescribed by a doctor
- Menstrual care products (pads, liners, tampons, etc.)

These changes to eligible expenses are retroactive effective January 1, 2020. See the updated [Eligible Expenses list](#) for details.

ConnectYourCare (CYC) is working to update their resources and debit card settings to reflect these changes, but it may take several weeks for CYC's debit card system to be completely updated. If the CYC debit card is used to purchase these additional items in the near future, the purchase may not be authorized, and a manual reimbursement request may need to be submitted.

Retroactive reimbursement requests must be submitted manually via the [member portal](#) or mobile app.

### **Telehealth Services**

[Most health plans](#) offer telehealth services to diagnose and treat common illnesses or conditions. Telehealth is ideal if you have a common illness and wish to limit your interaction with others during the COVID-19 outbreak.

Telehealth services will now be covered before your annual deductible is met in plan years 2020 and 2021.